

Senior Infants Esker ETNS

Thursday 26 th March 2020		
Morning Movement	Try Joe Wicks (The Body Coach) live workout for kids on his YouTube Channel at 9am OR Any GoNoodle dance or exercise routine	
Mindfulness	Listen to 'Be the Pond' https://www.youtube.com/watch?v=wf5K3pP2IUQ	
Maths	<ul style="list-style-type: none"> • Find 3 things and compare them according to weigh using the words; light, lighter, lightest. • Find 3 things and compare them according to weigh using the words; heavy, heavier, heaviest. • Play Mr. Pip's Fruit Balance game and answer the questions. • http://www.crickweb.co.uk/ks2numeracy-shape-and-weight.html 	
Art	Create an animal using egg cartons. You can paint them, stick other objects on, use glue, string, tape. Below are some pictures to inspire you. Write for 10 minutes about what you made and how you made it.	
English	<ul style="list-style-type: none"> • Spend 10 minutes reading a story. Talk about the story after and draw a picture. • Look for all the tricky words you know in a book and write them down. • Find your new tricky words from box 19 in a book. • Play tricky word bingo https://www.abcya.com/games/dolch_sight_word_bingo (Or make your own tricky word bingo game) 	
Research and Play	<u>Start a project on Space.</u> <ul style="list-style-type: none"> • Learn the names of the planets. • Watch some of Chris Hadfield's videos to learn about living on a space station. • What do astronauts wear when they travel to space? • How do astronauts travel into space? • Find out about what astronauts eat in space. • Imagine you are an astronaut. Get ready for your space mission and travel in to space. Play in your house or in the garden. 	
Physical activity	Play Simon says. (Run on the spot, jumping jacks, touch your toes, jump up and down, hop on one foot etc.)	

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