

Wednesday 25th March

Mindfulness

- GoNoodle Flow Channel "Chin Up"

English

- MSW Unit 13 learn next 5 spellings (dragonfly-death)
- Pg. 52 Ex. 5 & 6
- Cloze Procedure: **All About Giraffes** (see file attached) There are 3 versions of this - choose the one you would like to do! You can check the answers afterwards. If you can't print the worksheet, copy it into your homework copy or spare copy and fill in the blanks.
- Read for 15 minutes

Maths

- Mental Maths (Wednesday)
- Practise Addition Facts for 9 (Test Yourself!)
- Maths at Home** book pg. 33 Ex. A, B & C

Gaeilge

- Cén sort aimsire atá ann inniu? Tá sé.....
- Describe the weather to a family member as Gaeilge. (I've listed some helpful vocabulary below)
- Revision: Read "An Stoirm" (see file attached)

STEM

- Lego - build a bridge using 100 pieces of Lego OR using things you can find in your bedroom i.e. books, blocks etc.

Physical Activity

- Do PE with Joe Wicks https://www.youtube.com/watch?v=6v-a_dpwhro
- 10 @ 10 <https://rtejr.rte.ie/10at10/>
- Play outside if possible, go for a walk, kick a football at a target, throw and catch a ball or rolled up socks 20 times without dropping with one hand, do 10 jumping jacks, do 5 frog hops etc.

Other Suggestions

- Continue project work
- Choose an activity from At Home Activities grid

Gaeilge - Léitheoireach/Labhairt - An Aimsir

